

INSTRUCTIONS:

If possible, please print off and complete the second sheet of these instructions.

If you are unable to print, then you can write the info required on some paper and enclose it with your sample.

Please make sure that you clearly label your sample.

In the case of multiple orders, please complete the form for each person being tested and make sure all samples are identifiable.

We are not able to process samples from children up to 6 years of age!

We require 9 to 10 strands ideally for testing 2-3 cm in length or longer if possible

For the hair sample, we test can be **any** body hair.

Hair samples must include the hair root!

Dyed hair does not affect the testing.

Once the hair sample is collected, place the hair strands into a clean white paper or small plastic sealable bag. I.e., a sandwich bag, freezer bag, small zip lock bag.

Please ensure the sample does not get contaminated and remains dry and secure during transit.

After we receive your hairs samples, you will receive an invoice on your e-mail!

After we receive your payment, an e-mail confirmation will be sent to your e-mail and the hairs will be submitted for analysis. The test results will be delivered within 7-10 working days (from the date of your payment) by email.

ADDITIONAL NOTES

- Do not send hair samples in any metallic packaging, including foil, as this could interfere with the results.
- Please do not include other items in the same bag as your hair sample to avoid contamination.
- Please only send the required hair sample to us. Do not include additional items unless specified.
- Please **make sure the submission form is filled out correctly and is included with the sample.** If we don't have your details added we can't process the sample.

PLEASE COMPLETE THE FOLLOWING AND INCLUDE THIS IN ALONG WITH YOUR SAMPLE:

1. PERSONAL DETAILS

Please enter the details of the person to be tested:

Title:

First Name:

Surname:

Date of Birth:

Email Address:

2. ABOUT YOUR ORDER

Type of test ordered; please circle one of the following four:

- **STANDARD**
- **GOLD** FOOD & NON FOOD,
- **PLATINUM** Gold + E-numbers and Vitamins,
- **E Numbers & Vitamin Deficiency**

Please complete and post the second page along with your hair sample/s to the address below.

Bul. Partizanski Odredi br. 64b1/1
1000 Skopje
Macedonia